

Private practice dietitians

Sheila Bailey, RDN

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Consultant

Elizabeth Barge, RDN

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Private Practice; 1709 Colley Ave, Suite 210, Norfolk

Cathy Bowers, RD

Offers various nutritional clinics around the Hampton Roads area, including the Virginia Beach Farmers Market

and at Unify Health and Wellness.

She also offers 1 on 1 visits in the clients home and she offers a "Recipe Club" in which she sends out weekly

dinner menu's with a shopping list.

Cathy Bowers, RD

Nutrition For A Lifetime

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